

Stint Starter Guide to Dublin

SEASONS

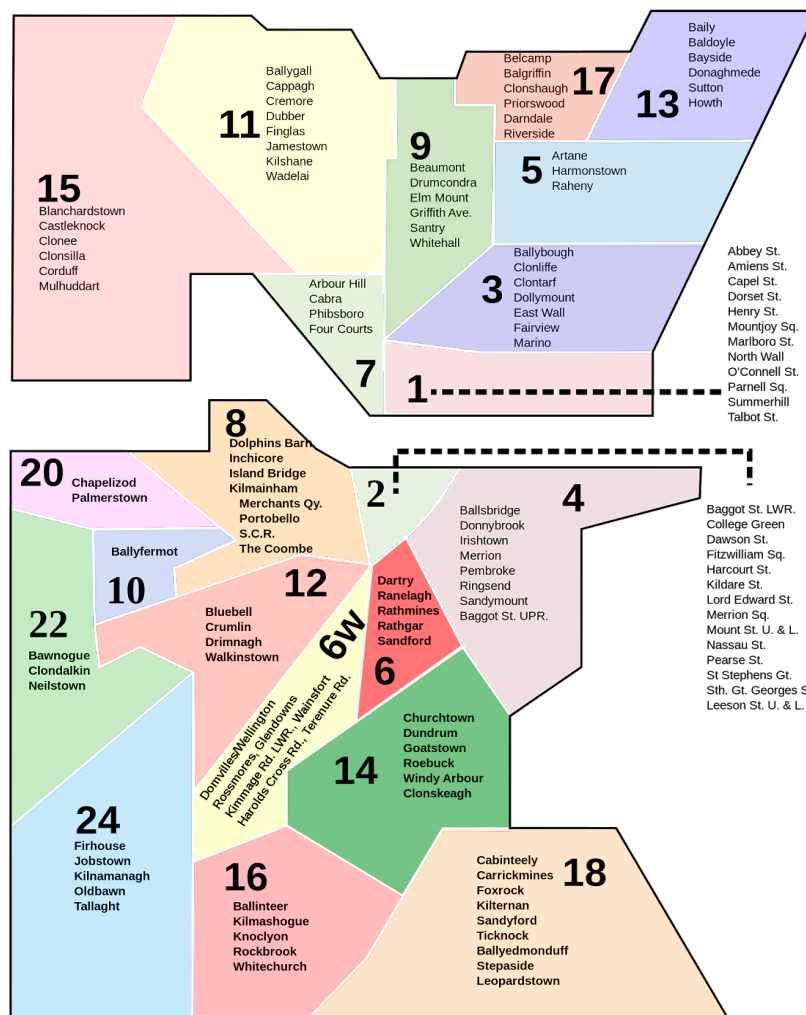
Ireland's weather falls roughly into 4 seasons:

Winter (Dec / Jan & Feb) 41 – 44F, Spring (Mar, Apr & May) 45 – 52F, Summer (Jun, Jul & Aug) 56 - 60F, Autumn (Sep, Oct, Nov) 46-56F.

DUBLIN

Dublin is an old city full of history, yet also a city buzzing with a youthful population and plenty of energy. The city is divided into the North and South sides by the River Liffey and you can very easily stroll around the city on foot taking in the many cultural sights.

Dublin Postal Districts



Dublin is very proud of its history and culture and most of the museums and galleries are free to visit. The many parks of Dublin are also great places to unwind. There is a less sedate side to Dublin too though with many many lively pubs and people, great shopping, and restaurants covering cuisine from all corners of the world. Surrounded by mountains and sea there is plenty for the nature lover to enjoy too with boat rides and cliff walks to clear the head.

PUBLIC HOLIDAYS

1st January, New Years Day

17th March, St Patrick's Day

Easter Monday (varies)

4th May, May Day

1st June, Bank Holiday

3rd August, Bank Holiday

26th October, Bank Holiday

25th December, Christmas Day

26th December, St Stephen's Day

SHOPPING

There are grocery stores for every budget.

Expensive

- Marks and Spencer
- Spar & Centra (convenience stores)

Moderate

- Tesco
- Dunnes Stores
- Supervalu

Inexpensive

- Aldi
- Lidl

Living necessities (toiletries, house supplies, etc.)

- **Penneys.** Budget clothing, homeware, bedding, etc.
- **Boots.** Health and beauty products.
- **Arnotts.** Irish department store.
- **Argos.** Catalogue retailer. It's like Walmart in a catalogue.

MEDICAL

If you're in need of medical care, you can call 24 hr doctors at 01 453 9333 or arrange an appointment with a GP. A consultation would cost about €35-€60. We've included a list of clinics you can visit as well.

Clinics

- South Circular Road Surgery, 106A South Circular Rd, Dublin 8, (01) 454 8026
- Camden Medical, Heytesbury St, Dublin 8, (01) 453 6636
- Wellwoman Centre, 35 Lower Liffey St, Dublin 1, (01) 872 8051
- Grafton St Medical Clinic, 34 Grafton Street, Dublin 2, (01) 671 2122
- Dame St Medical Centre, 16 Dame St, Dublin 2, (01) 679 0754

Pharmacies

- Hickey's Pharmacy, 55 Lower O'Connell St, Dublin 1
- South Circular Pharmacy, 80 South Circular Road, Dublin 8, (01) 453 7069
- Corrigan's Pharmacy, 80 Malahide Road, Dublin 3, (01) 833 8803

Hospitals

- Beaumont Hospital, Beaumont Road, Dublin 9, (01) 809 3000
- Adelaide and Meath Hospital, Tallaght, Dublin 24, (01) 414 2000
- The Mater, 70 Eccles St, Dublin 7, (01) 860 3200
- St James Hospital, James St, Dublin 8, (01) 454 5607
- St Vincent's Hospital, Elm Park, Dublin 4, (01) 221 4000

In case of emergencies, call 999 or 112.

Helplines

- Rape Crisis Centre- 1 (800) 778 8888
- Victim Support- 116 006
- Tourist Victim Support- (01) 478 5295
- Asthma Line- (01) 878 8511
- Wellwoman Centre- (01) 872 8051
- Samaritans- 1 (850) 60 90 90

GYMS / FITNESS

Gyms

[Flyefit](#), Baggot St / Macken St Dublin 2 / South Circular

[YMCA Gym](#), Camden St, Dublin 2

[Raw Condition Gym](#), Richmond St Sth, Dublin 2

[Iveagh Fitness](#), Bride St, Dublin 2

Leisure Centre

[Swan Leisure Centre](#), Rathmines, Dublin 6

Yoga

[Little Bird](#), South Circular Rd, Dublin 8

[My Wellbeing](#), Dame St, Dublin 2

Pilates

[Portobello Physio](#), Lennox St, Dublin 8

[Live & Breathe Pilates](#), Camden Row, Dublin 8

[My Wellbeing](#), Dame St, Dublin 2

Eats, Drinks and More...

Here are some of our favorite places in Dublin. Each of these places is highly recommended so if you're looking for a place to go during your first few days, just pick one of these and you can't go wrong!

- **O'Neill's Bar & Restaurant**, *2 Suffolk St, Dublin 2*- Great traditional Irish food. There's also live music at night.
- **Pablo Picante**, *4 Clarendon Market, Dublin 2* (There's one on Baggot St too)- Dublin has seen an influx of burrito places in the last few years but Pablo's is arguably the best!
- **Musashi**, *15 Capel St, Dublin 1*- Most will say Yamamouri (and we do love there too!) is the best for Asian food in Dublin but Musashi is a hidden gem on Capel St – there are lots of those on the street.
- **Bunsen Burger**, *36 Wexford St, Dublin 2*- Bunsen is very different to what can be expected. It's the closest thing to an American burger in Dublin and these guys have branched to three venues throughout the city.
- **L. Mulligan Grocer**, *18 Stoneybatter, Dublin 7*- Irish food. Irish beer. Irish whiskey. The best- pure and simple!
- **Crackbird**, *60 Dame St, Dublin 2*- Chicken, chicken and chicken. You would never guess but the restaurant specializes in chicken and it does it well.
- **Cornucopia**, *19-20 Wicklow St, Dublin 2*- Fitting into the wholefood trend, this vegetarian restaurant is much loved, even the meaty of meat eaters will find it hard not to love this spot.

- **Oxmantown**, *16 Mary's Abbey, Dublin 7*- This modest corner shop right may have some of the best sandwiches and Vietnamese coffee in Dublin.
- **Aungier Danger**, *37 Aungier St, Dublin*- Doughnuts galore, great place to grab some cool and quirky doughnuts alongside some pretty good coffee.
- **Leo Burdock**, *2 Werburgh St, Christchurch, Dublin 2* (there's 2 other locations)- They claim to have the best fish and chips in the city. We agree.

Cafes. These places all have great coffee. Duh!

- **Brother Hubbard**, *153 Capel St, Dublin 1*
- **Sister Sadie**, *S. Circular Rd, Dublin 8*
- **The Fumbally**, *Fumbally Ln, Dublin 8*
- **Grove Road**, *Rathmines, Dublin 6*
- **Kaph**, *31 Drury St, Dublin 2*
- **Clement & Pekoe**, *50 South William St, Dublin 2*
- **Third Space**, *14 Smithfield Market, Dublin 7*
- **3FE**, *32 Grand Canal St Lower, Dublin 2 and Sussex Terrace.*

Pubs/Bars

- **Mulligan's**, *8 Poolbeg St, Dublin 2*- Arguably the best pint of Guinness in Dublin.
- **Workman's Club**, *10 Wellington Quay, Dublin 2*- Great music venue for indie bands. It's got that hipster atmosphere.
- **The Bernard Shaw**, *11-12 Richmond St S, Dublin 2*- You can judge this book by it's cover because it is as eccentric as it appears. Three words- Big Blue Bus.
- **O'Donoghue's**, *15 Merrion Row, Dublin 2*- A traditional Irish pub closely associated with Irish traditional music.
- **The Porterhouse**, *15-18 Parliament St, Dublin 2*- Craft beer lovers, you'll love this place.
- **The Cobblestone**, *77 North King St, Dublin 7*- Another down-to-earth type of Irish pub with live trad Irish music every day.
- **The Stag's Head**, *1 Dame Ct., Dublin 2*- A great experience can be found at the Stag's Head. A stone's throw away from Temple Bar, but well worth a visit.
- **Dice Bar**, *79 Queen St, Dublin 7*- This bar wouldn't be out of place if it were transplanted to New York City.
- **Whelan's**, *25 Wexford St, Dublin 2*- A music venue with an international reputation.

Places We Like (off-the-beaten track)

- **Hugh Lane Gallery**, *Charlemont House, Parnell Square N, Dublin 1*- Contemporary art gallery with a lot of history.
- **The Science Gallery**, *The Naughton Institute, Pearse Street, Dublin 2*- This public science centre opened in 2008- always have cool events and exhibitions, whilst also housing CloudPicker, one of Ireland's finest coffee shops.
- **Malahide Castle**, *Malahide, Co. Dublin*- A lovely castle with parts dating back to the 12th century. The Avoca cafe is also great for a post castle tour tea and cake.
- **Croke Park**, *Jones' Rd, Dublin 3*- This stadium is the home of the GAA (Gaelic Athletic Association). Whether you get to watch game or take a tour, a visit is not to be missed.
- **Little Museum of Dublin**, *15 St. Stephen's Green, Dublin 2*- This small museum is housed in an 18th century Georgian house. The Little Museum chronicles the history of the city in the 20th century.
- **Light House Cinema**, *Market Square, Smithfield, Dublin 7*- This cinema is located in a wonderfully designed building and shows a wide range of old, new and small production films.
- **Irish Film Institute**, *6 Eustace St, Dublin 2*- This art-house cinema is a national body that supports Irish film heritage. It also houses a cool coffee shop and restaurant.
- **Old Jameson Distillery**, *Bow St, Smithfield Village, Dublin 7*- The Old Jameson Distillery tour is for all your whiskey tasting needs!
- **Kilmainham Gaol**, *Inchicore Rd, Kilmainham, Dublin 8*- Simply, it's a must.
- **Iveagh Gardens**, *Clonmel St, Dublin 2*- A hidden gem of a public park just a few blocks away from Stephen's Green.
- **Chester Beatty Library**, *Dublin Castle, Dublin 2*- This library holds an extensive collection of Islamic, East Asian, and Western manuscripts, art, prints, and rare books.
- **Howth**, *Howth, Co. Dublin*- A suburb of the city, Howth is a peninsula situated north of Dublin. It's an essential weekend day trip. Make sure to grab some fish and chips at Beshoff's, perhaps devouring it by the pier while observing the seals, before embarking on a cliff walk – there are a couple of trails ranging from an easy cliff walk to a longer 10km hike.
- **Dun Laoghaire**, *Dun Laoghaire, Co. Dublin*- Another seaside town, this one is on the south side of the Dublin. There's actually a ferry that goes to Howth in the summer as well and on Sunday's you can find a food market in the park.
- **National Botanic Gardens**, *Glasnevin, Dublin 9*- Right next to Glasnevin Cemetery (also worth a visit), the Botanic Gardens holds about 20,000 living plants. Escape the mild climate of Ireland for a tropical one in any of the massive greenhouses (even in the

winter). After your stroll through the grounds, make sure to top off your experience with a visit to the Gravediggers pub (John Kavanagh).

If you're looking for things to do, visit:

- Le Cool Dublin. http://www.lecool.com/dublin/en/current_issue
- Totally Dublin. www.totallydublin.ie
- Dublin Event Guide. www.dublineventguide.com
- Lovin' Dublin. www.lovindublin.com
- Visit Dublin. www.visitdublin.com
- Stint Ireland Blog. www.stintireland.com/blog
- Free Dublin: <http://www.lonelyplanet.com/ireland/travel-tips-and-articles/77773>

If you have any questions at all, please let us know, we would be happy to help. Looking forward to welcoming you to Dublin soon!